

# Confronting

## COVID-19

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### Testing & Prevention

**Description:** As the country re-opens, many of us might be unsure about what the best methods are for testing and Coronavirus prevention. We ask our experts about different types of tests and how to prevent a “second spike” as we navigate our new normal.

**Featuring:** Kymberly Gyure, MD, Chair, AHN Pathology Institute and Tony Farah, MD, Executive Vice President, Chief Medical and Clinical Transformation Officer, Highmark Health

Stay up-to-date on Coronavirus and its impact on you, your family, and your community. Check out the [entire Confronting COVID-19 podcast series](#):

### Two ways to listen

- Download the iHeartRadio® app to your smartphone or tablet and search for “Confronting COVID-19.” Also available on Apple Podcasts and Google Play.
- Visit [highmarkanswers.com](https://highmarkanswers.com) to listen to episodes, no app needed.

**Be safe. Be calm. Highmark is here for you.**